

**LOK SATTA**  
*People Power*

**Ensuring a Healthy Future**

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“ If you dump all the drugs and formulations listed in *Materia Medica* into the ocean, mankind will be that much better off and fish will be that much worse off ”

# Achievements Through The Years - 1951-2000

Indicator	1951	1981	2000
<b>Demographic Changes</b>			
Life Expectancy	36.7	54	64.6(RGI)
Crude Birth Rate	40.8	33.9(SRS)	26.1(99 SRS)
Crude Death Rate	25	12.5(SRS)	8.7(99 SRS)
IMR	146	110	70 (99 SRS)
<b>Epidemiological Shifts</b>			
Malaria (cases in million)	75	2.7	2.2
Leprosy cases per 10,000 population	38.1	57.3	3.74
Small Pox (no. of cases)	>44,887	Eradicated	
Guinea worm ( no. of cases)		>39,792	Eradicated
Polio		29709	265
<b>Infrastructure</b>			
SC/PHC/CHC	725	57,363	1,63,181 (99-RHS)
Dispensaries & Hospitals (all)	9209	23,555	43,322 (95-96-CBHI)
Beds (Pvt & Public)	117,198	569,495	8,70,161 (95-96-CBHI)
Doctors (Allopathy)	61,800	2,68,700	5,03,900 (98-99-MCI)
Nursing Personnel	18,054	1,43,887	7,37,000 (99-INC)

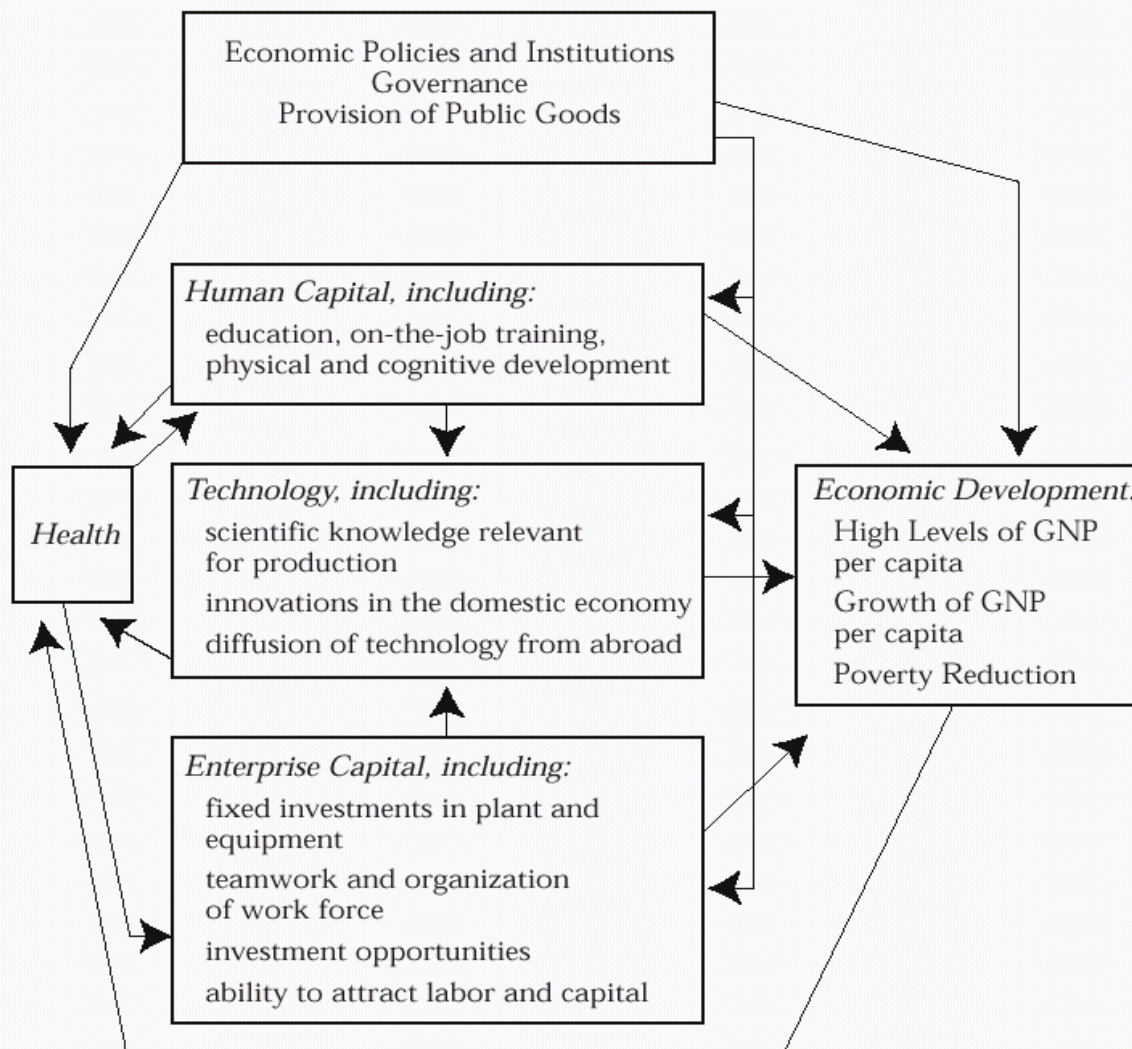
Source: National Health Policy – 2002

# Difference between actual and sustainable number of physicians

GDP group	Country	Physicians per 10,000 population		
		Actual	Sustainable	Excess or shortage
GDP less than US \$ 800 per capita	Brazil	4.6	3.2	+1.4
	Egypt	5.5	1.6	+3.9
	India	2.1	0.6	+1.5
	Indonesia	0.3	0.7	-0.4
	Iran	3.1	3.1	0.0
	Pakistan & Bangladesh	3.9	1.2	+2.7
	Philippines	3.5	1.3	+2.2
	Sri Lanka	2.5	1.2	+1.3
GDP US \$ 800 to US \$ 2,000 per capita	Greece	16.7	9.0	+7.7
	Ireland	11.8	11.0	+0.8
	Romania	13.1	9.0	+4.1
	Venezuela	9.3	8.6	+0.7
GDP over US \$2,000 per capita	Australia	13.9	26.5	-12.7
	Federal Republic of Germany	17.7	29.0	-11.3
	Japan	11.4	16.1	-4.7
	United Kingdom	13.3	18.5	-5.2
	United States of America	15.5	49.0	-33.5

Source: WHO Technical Report – Migration of Physicians and Nurses (1979)

Figure 1. HEALTH AS AN INPUT INTO ECONOMIC DEVELOPMENT

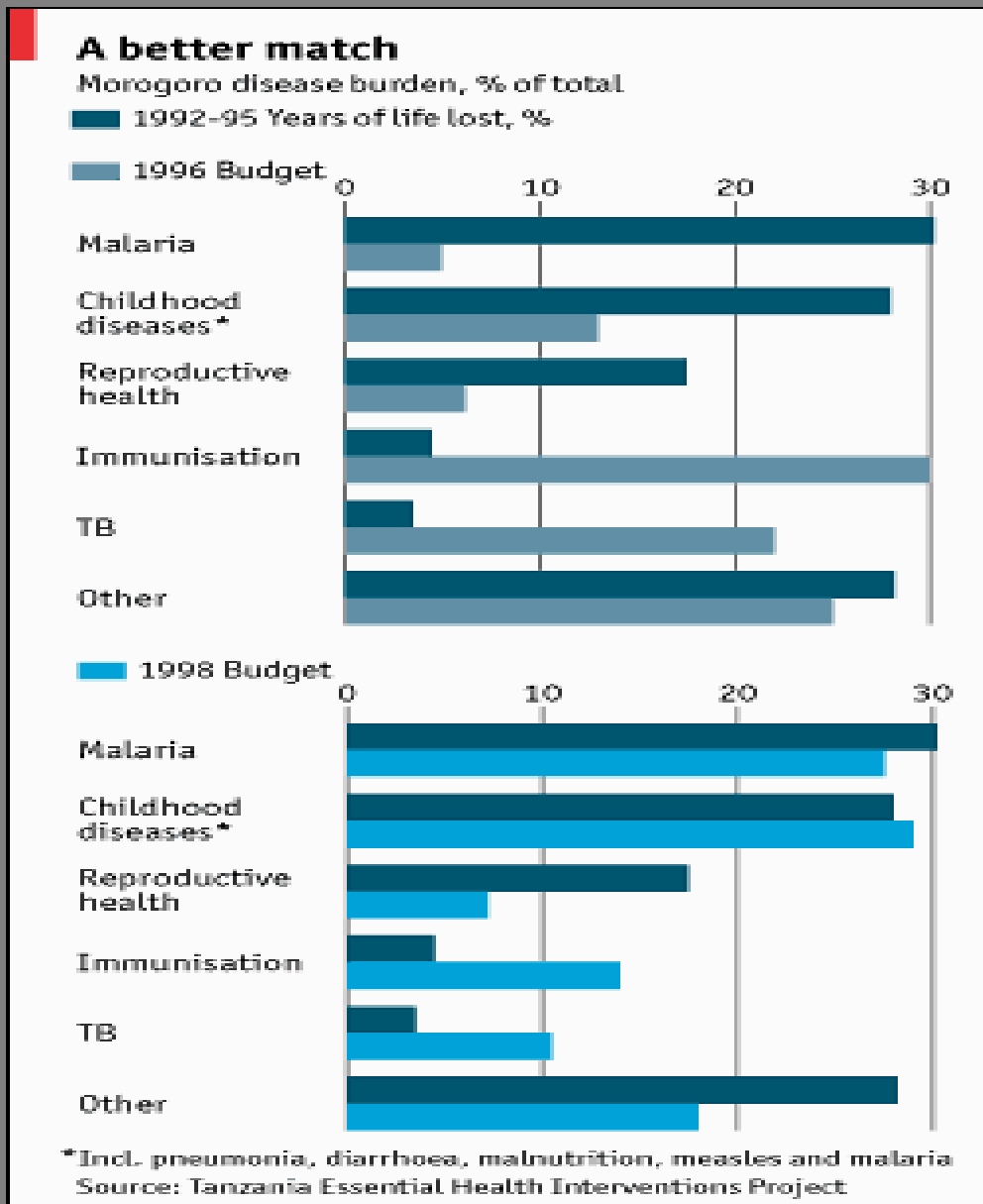


# GDP Per capita, Health expenditure DALE rankings LOK SATTA

Country	GDP per capita (in PPP terms - \$)	Health Expenditure per capita ranking (in \$ terms)	Health Level Ranking (DALE)
<b>Low Income Countries</b>			
Sri Lanka	3530	138	76
Indonesia	3043	154	103
Pakistan	1928	142	124
Egypt	3635	115	115
India	2358	133	134
<b>Middle Income Countries</b>			
Russian Federation	8377	75	91
South Africa	9401	57	160
Brazil	7625	54	111
<b>OECD Countries</b>			
United States	34142	1	24
France	24223	4	3
Germany	25103	3	22
Japan	26755	13	1
United Kingdom	23509	26	14

*Sources: The World Health Report – 2000 and UNDP Human Development Report – 2002 (UNDP)*

# Allocation vs Prioritization



## Limits to Modern Medicine

Spectacular Advances – Low Cost	Nutrition, Immunization, Antibiotics, Aseptic surgery, Maternal and child care, Healthy life styles
Grey Areas – High Cost	Degenerative diseases, Autoimmune diseases, Malignancies
Dark Areas	Idiopathic, Iatrogenic, Hospital Infections, Progressive, irreversible disorders



## Health Financing

	1990	1999
<b>Public health expenditure</b>	1.3% GDP	0.9% GDP
<b>Union budgetary allocation</b>	1.3%	1.3%
<b>States' budgetary allocation</b>	7%	5.5%
<b>Total per-capita public health expenditure</b>	Rs 200 (15% Union, 85% States)	

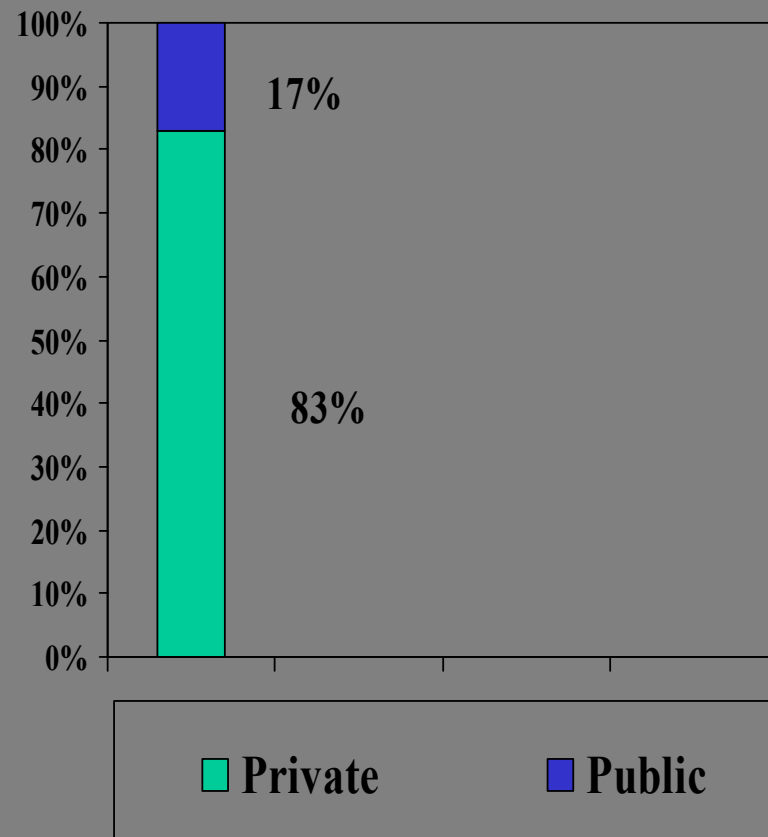
# Public Health vs Total Health Expenditure

- Total Health Expenditure

5.2% GDP

- Comparable countries:

- Cambodia
- Burma
- Afghanistan
- Georgia



# Public Health Expenditure among Various Countries

Country	Public health expenditure as share of GDP	Private health expenditure as share of GDP
Norway	6.5	1.1
Sweden	6.2	1.8
Japan	5.9	1.8
United Kingdom	5.9	1.4
United States	5.8	7.3
Egypt	1.8	2.3
Sri Lanka	1.8	1.9
India	0.9	4.3

# Allocations in Public Health Expenditure

Consumption Exp	97%
Capital Exp	3%

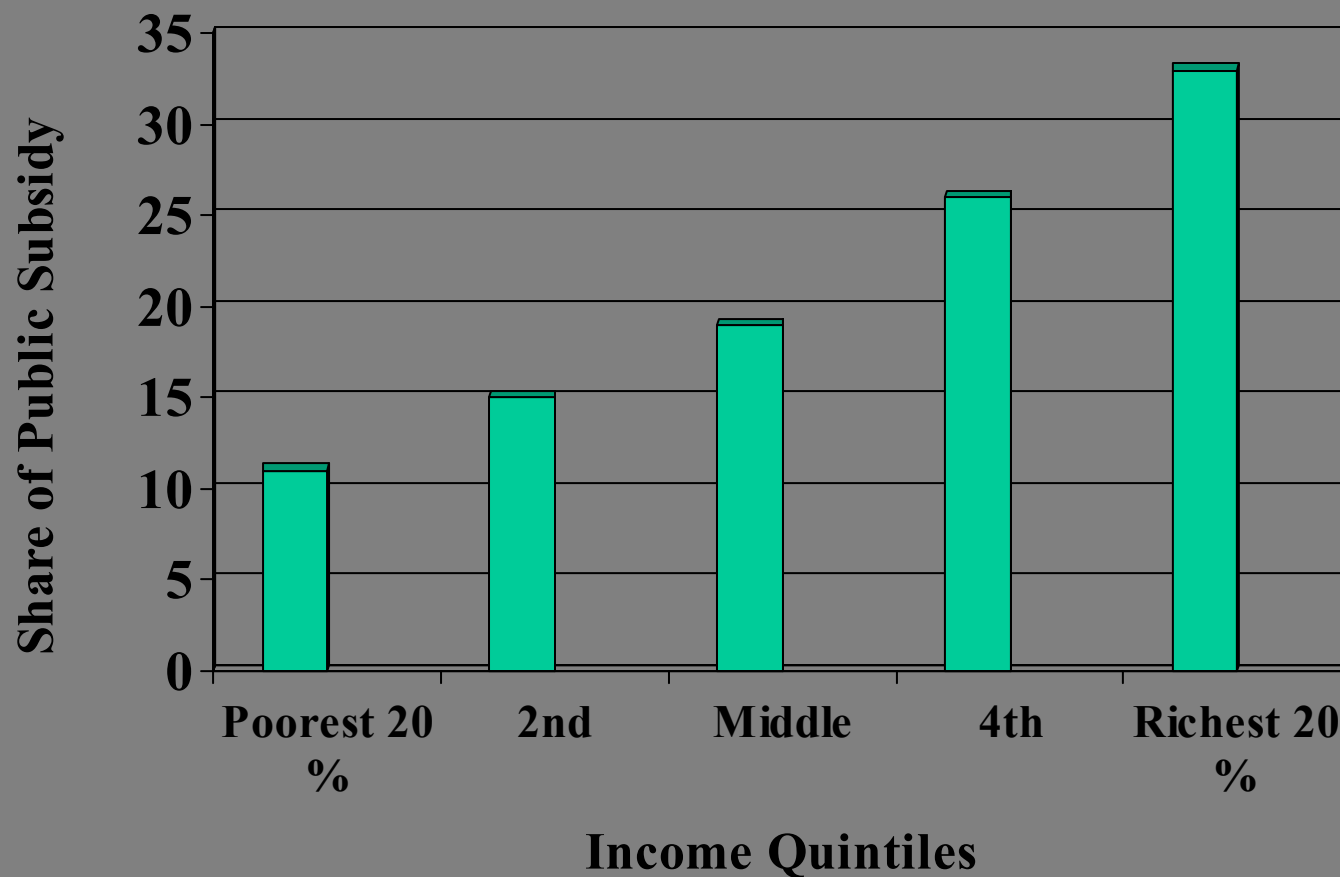
Salaries	60%
Material & supplies	35%

Curative Services	60%
Public health & family welfare	26%
Miscellaneous & Administration	14%

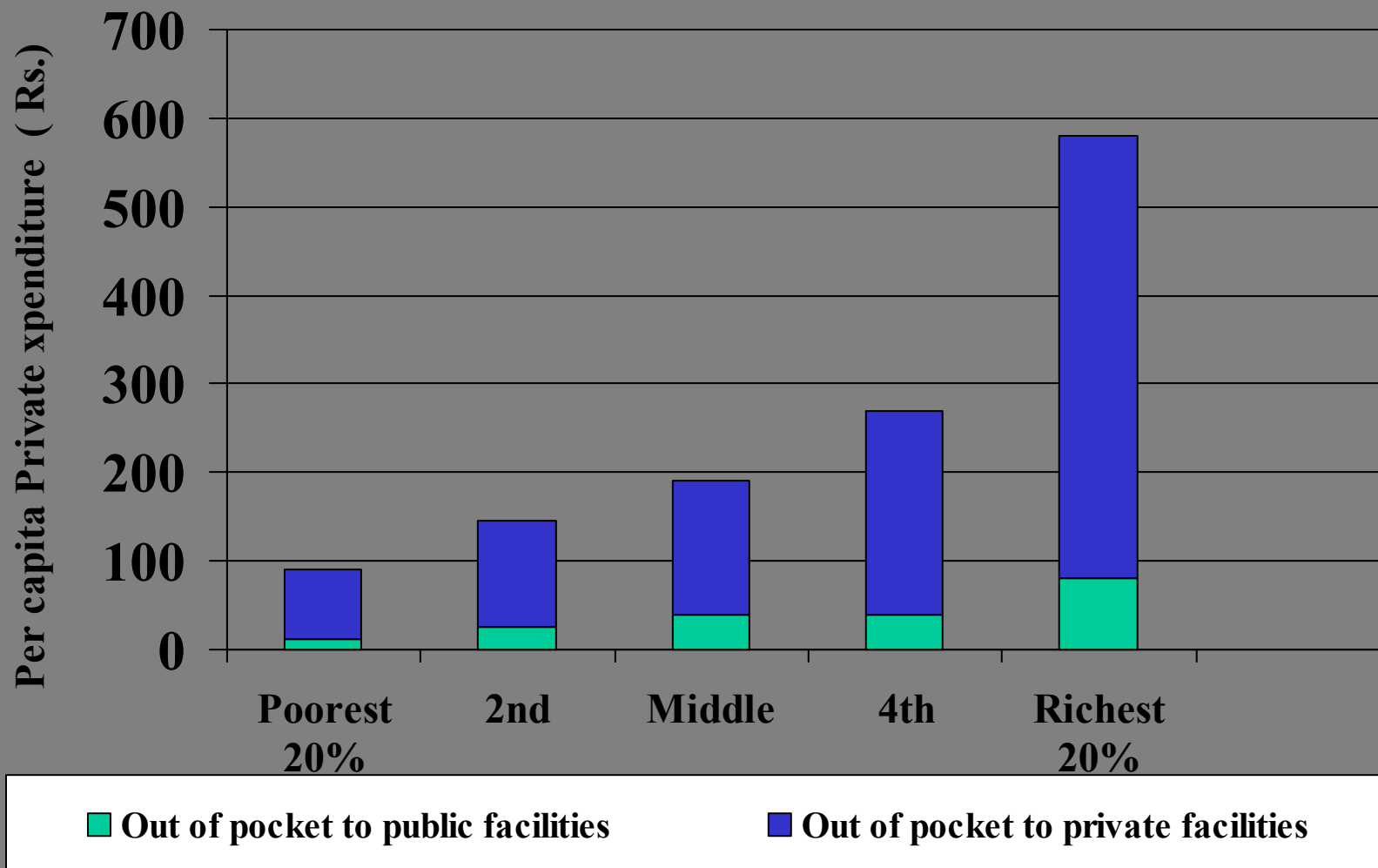
# Health Financing & Inequity

- Curative services favour the rich
- For every Re 1 spent on poorest 20% population, Rs 3 spent on the richest quintile

## Proportion of Public Expenditures on Curative Care, by Income Quintile, All India, 1995-96



## Out-of-Pocket Payments for Health and Household Income, All India, 1995-96



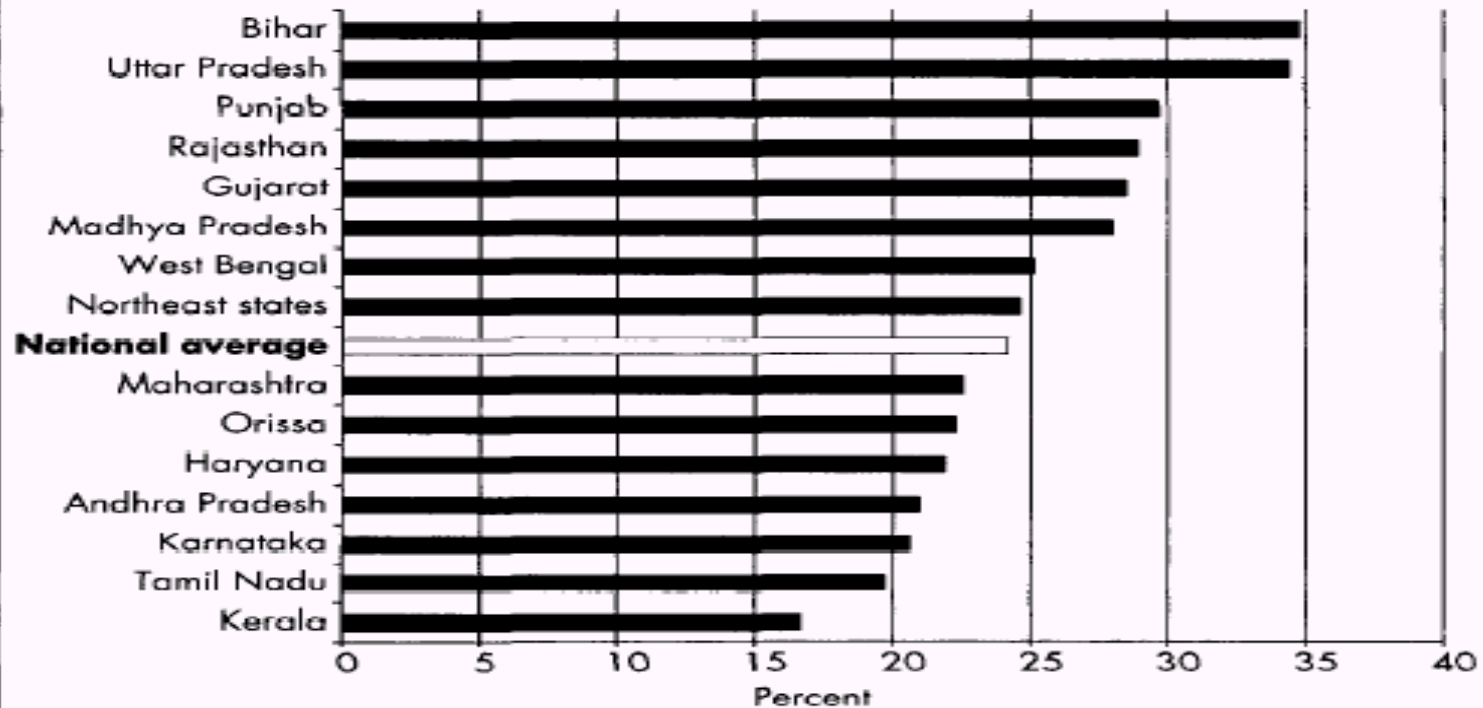
## Hospitalization – Financial Stress

- Only 10 % Indians have some form of health insurance, mostly inadequate
- Hospitalized Indians spend 58 % of their total annual expenditure on health care
- Over 40 % of hospitalized Indians borrow heavily or sell assets to cover expenses
- Over 25 % of hospitalized Indians fall below poverty line because of hospital expenses



# Percent of Hospitalized Indians falling into Poverty

**Figure 0.2** Percent of Hospitalized Indians Falling into Poverty from Medical Costs, 1995-96



*Note:* Northeast states consist of Assam, Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, and Tripura.

*Source:* National Sample Survey Organisation (1998); authors' calculations.

## Public – Private sector use for patient care – All India (percentage distribution)

	Rural		Urban	
	1986 – 87	1995 – 96	1986 – 87	1995 – 96
<b>Outpatient care</b>				
Public Sector	25.6	19.0	27.2	19.0
Private Sector	74.5	80.0	72.9	81.0
<b>Inpatient care</b>				
Share of public sector	59.5	45.2	60.3	43.1
Share of private sector	40.3	54.7	39.7	56.9

*Source: David.H.Peters, Abdo.S.Yazbeck, Rashmi R. Sharma, G.N.V. Ramana, Lant H. Pritchett, Adam Wagstaff, Better Health System For India's Poor: Findings Analysis and Options, The World Bank, 2002, Washington. p.5*

# Differentials in Health Status Among States

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Sector	Population BPL (%)	IMR/ Per 1000 Livr Births (1999 – SRS)	<5Mortality per 1000 (NFHS II)	Weight For Age - % of Children Under 3 years (,2SD)	MMR / Lakh (Annual Report 2000)	Leprosy cases per 10000 population	Malaria +ve Cases in year 2000 (in thousands )
<b>India</b>	26.1	70	94.9	47	408	3.7	2200
<b>Rural</b>	27.09	75	103.7	49.6	-	-	-
<b>Urban</b>	23.62	44	63.1	38.4	-	-	-
<b>Better Performing States</b>							
Kerala	12.72	14	18.8	27	87	0.9	5.1
Maharashtra	25.02	48	58.1	50	135	3.1	138
Tamil Nadu	21.12	52	63.3	37	79	4.1	56
<b>Low Performing States</b>							
Orissa	47.15	97	104.4	54	498	7.05	483
Bihar	42.60	63	105.1	54	707	11.83	132
Rajasthan	15.28	81	114.9	51	607	0.8	53
UP	31.15	84	122.5	52	707	4.3	99
MP	37.43	90	137.6	55	498	3.83	528

Source: National Health Policy, 2002

## Major Indian States, by Stage of Health Transition and Institutional Capacity

Stage of Transition, Degree of Capacity	States	India's Population (percent)
Middle to late transition, moderate to high capacity	Kerala, Tamil Nadu	9.1
Early to middle transition, low to moderate capacity	Maharashtra, Karnataka, Punjab, West Bengal, Andhra Pradesh, Gujarat, Haryana	39.1
Very early transition, very low to low capacity	Orissa, Rajasthan, Madhya Pradesh, Uttar Pradesh	33.1
Special cases: instability, high to very high mortality, civil conflict, poor governance	Assam, Bihar	13.3

Note: Major Indian states are those with a population of at least 15 million. The estimates were made before bifurcation, so Bihar includes the recently created state of Jharkhand, Madhya Pradesh includes Chattisgarh, and Uttar Pradesh includes Uttaranchal

Source: David.H.Peters, Adbo.S.Yazbeck, Rashmi R. Sharma, G.N.V. Ramana, Lant H. Pritchett, Adam Wagstaff, *Better Health System for India's Poor: Findings Analysis and Options*, The World Bank, 2002, Washington. p.8

## Strengths & Opportunities

- Large skilled health manpower
  - Significant research capability
  - Growing hospital infrastructure
  - Mature pharmaceutical industry
  - Democratic system and public discourse
  - Increasing demand for health services
  - Willingness to pay for health
  - Break through on population front ( TN, AP etc)
  - Effective military style campaigns (small pox, pulse polio)
  - Wide network of RMPs
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## Challenges of the Future

- Immunization coverage ( TB: 68%, Measles: 50 %, DPT: 70 %, overall : 33%)
- Four major infectious diseases: Malaria, TB, HIV/AIDS, RHD
- Preventable blindness
- Population control – large northern states
- Public health expenditure share
- Sanitation ( 70 % households without toilets)

# Challenges of the Future

- Accountability in public health care
  - High out-of-pocket health expenditure
  - Alternative systems – integration
  - Unqualified PMPs
  - Mounting cost of hospital care
  - Decline in family care – over-specialization
  - Ideal vs Optimal care
  - Health manpower training – inadequacies
  - Regional inequalities
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# Critical Issues

- How to involve community in rural health care
- How to provide effective and affordable family care to urban populations
- How to promote public-private partnerships
- How to extend tertiary care to poor



## Lessons of past experience

- More expenditure need not mean better health
  - Risk pooling necessary for private care : but not feasible without compulsion and large organized labour
  - Consumer choice and producer competition vital to reduce costs and improve efficiency
  - Public health and private health are complementary
  - Future health care should address demographic transition
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# CRHP Jamkhed

Year	1971	1976	1986	1993
Infant Mortality Rate	176	52	49	19
Crude Birth Rate	40	34	28	20
<b>Children Under Five</b>				
Immunization, DPT & Polio	0.5%	81%	91%	92%
Malnutrition: Wt for age	40.0%	30%	5%	5%
<b>Maternal Services</b>				
Prenatal Care	0.5%	80%	82%	96%
Deliveries by trained attendants	<0.5%	74%	83%	98%
Couples practicing family planning	<0.1%	38%	60%	60%
<b>Chronic Diseases</b>				
Leprosy Prev. (/1000)		2	1	0.1
<i>Source: Comprehensive Rural Health Care Project (CRHP), Jamkhed</i>				

## Viabile models

- VHS Chennai
- TB control – Public-Private partnership - Mahavir Hospital
- Quality eye care for all - LVPEI

# New Challenges

- False claims and fraud in service delivery  
(eg: recent CGHS scam)
- Unethical practices & unaccountability
- Lack of internal professional regulation

# Governance and Health

- Fiscal crisis
  - Redefining state's role
  - Electoral reform
  - Decentralization
  - Public-private convergence
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“Politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries ”

- *Mahatma Gandhi*